CPR

1. I can articulate what CPR stands for and how it can be used to save a life.

2. I can explain risk factors for an individual who may need CPR.

3. I can perform the Heimlich maneuver on a child or adult.

4. I can perform backslaps and check thrust on a conscious choking infant.

5. I can successfully access 911.

6. I can successfully demonstrate the first three steps in CPR (CAB).

7. I can demonstrate how to administer compressions only CPR to an adult, child and infant .